Integrated Correctional Health Services

LA County Department of Health Services
Integrated Correctional Health Services (ICHS) Overview

- Prior to 2016:
  - Medical services in the LA County jails provided by the Sheriff’s Department Medical Services Bureau
  - Jail Mental Health services provided by Department of Mental Health
  - Minimal Substance Use Disorder (SUD) treatment and Release Planning services

- At Board of Supervisors’ direction, transition completed in 2016 to integrating services under Department of Health Services (DHS)
  - Creation of new DHS Integrated Correctional Health Services division
  - Included expansion of SUD and release planning services

- Staffing includes medical and mental health providers, dentists, nurses, psychologists, mental health clinicians, and pharmacy, laboratory, radiology, clerical and Health Information Management (medical records) personnel.

- Services provided at all jail facilities
Inmate Reception Centers (IRC)

- Males seen at IRC connected to Twin Towers (downtown)
- Females seen at IRC at Century Regional Detention Facility in Lynwood
- Operate 24 hrs/7 days
- Identify healthcare needs through medical/mental health screening tool
- Those with identified needs receive further assessment by medical provider and/or mental health clinician
- Designate initial mental health acuity level (P0 to P4) and health acuity level (H0 to H4) to inform ongoing level of care needed
- Initiate medication/treatment regimens
- Provide nursing care/observation until transfer to housing (including detox program)
Medical Services

- Outpatient medical clinics
  - Operate in all jail facilities
  - Appointments with nurse or medical provider

- Urgent Care
  - Twin Towers, operates 16 hours/day, 7 days
  - Acute illness or injuries, abscesses, lacerations, removal of foreign body, casts and splints, electrocardiogram, etc.

- Medical Outpatient/Specialty Housing (MOSH)
  - In Men’s Central Jail
  - Individuals with medical needs such as insulin-dependent diabetes

- Correctional Treatment Center (CTC)
  - 196 beds total, providing licensed skilled nursing care
  - Includes 46 bed licensed inpatient forensic mental health unit

- Patients needing emergency department evaluation or inpatient hospitalization transferred to LAC+USC Medical Center
Mental Health Services

- Care for stable general population patients who require mental health medication
- Care for patients with moderate mental health impairment
  - Moderate Observation Housing
  - Services include group therapy as well as medication when indicated
- Care for patients with severe impairment or threats of suicide
  - High Observation Housing
  - More frequent psychiatric visits
  - Group therapy and medication as indicated
  - MIST - competency training and stabilizations with medication/treatment
  - FIST - stabilization, move to state hospital
- On call response to urgent/emergent mental health referrals throughout all facilities
- Jail Mental Evaluation Team (JMET) - work in general population areas to identify inmates not previously recognized as having MH care needs.
Mental Health Population

- Total jail population today, 2/16/2021: 15,077
- Total with MH acuity level P1 (mild) or above, today 2/16/2021: 7,071
- Total with MH acuity level P2 (moderate) or above, today 2/16/2021: 4,527

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<th>P-level</th>
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START Program - SUD treatment

- Substance Treatment and Re-entry Transition (START) program is a jail-based treatment program for substance use disorders (SUD) and co-occurring disorders.

- Treatment includes evidence-based group and individual counseling, case management, cognitive behavioral therapy, motivational interviewing, trauma informed approaches, interventions to address substance use and criminal thinking.

- Limited funding supports treatment for special populations at four of the seven jail facilities.

- Objectives:
  - Make SUD treatment that is evidence based, integrated, and high quality, that is measurable and outcome driven available to every inmate in need.
  - Increase use of addiction medication to assist inmates in the recovery process.
  - Effective reentry planning to support and sustain recovery.
  - Improve quality of life and overall health outcomes.
  - Reduce crime and recidivism
Opioid Use Disorder Program

- Medication Assisted Treatment (MAT) Services for those with Opioid Use Disorders have been proven to show that a combination of medication and therapy can successfully treat opioid use disorders, and for some people struggling with addiction, MAT can help sustain recovery.

- MAT Buprenorphine Pilot began December 2020 in Men’s Central Jail serving 6 patients at any given time.

- Expansion of the MAT Buprenorphine Pilot to begin March 2021 to be able to serve upwards of 100+ patients at any given time.

- CHS is in the process of implementing methadone maintenance services in response to the opioid epidemic.
Release Planning and Reentry

- ICHS Care Transitions unit provides release planning and linkage to community services upon release
  - Just under 16,000 individuals served in FY 2019-2020 (among >100,000 releases)
- Four programs with different funding sources and slightly different (but overlapping) target populations:
  - Care Transitions Mental Health (formerly known as Jail Linkage) - focused on individuals in jail MH programs
  - Whole Person Care Reentry program - Medi-Cal eligible individuals with issues including health and mental health conditions, substance use disorders and homelessness. Connects to Community Health Workers upon release.
  - Homeless Initiative D2 - In-reach and continued case management in community by 4 contracted community-based organizations
  - Women’s Integrated Services Program (WISP) - small case management program at CRDF
- Services include linkage to interim housing, MH and SUD treatment, primary care; application for Medi-Cal, CA ID, GR; arranging coordinated releases to programs, and transportation.