

Integrated Correctional Health Services

LA County Department of Health Services

Integrated Correctional Health Services (ICHS) Overview

- ▶ Prior to 2016:
 - ▶ Medical services in the LA County jails provided by the Sheriff's Department Medical Services Bureau
 - ▶ Jail Mental Health services provided by Department of Mental Health
 - ▶ Minimal Substance Use Disorder (SUD) treatment and Release Planning services
- ▶ At Board of Supervisors' direction, transition completed in 2016 to integrating services under Department of Health Services (DHS)
 - ▶ Creation of new DHS Integrated Correctional Health Services division
 - ▶ Included expansion of SUD and release planning services
- ▶ Staffing includes medical and mental health providers, dentists, nurses, psychologists, mental health clinicians, and pharmacy, laboratory, radiology, clerical and Health Information Management (medical records) personnel.
- ▶ Services provided at all jail facilities

Inmate Reception Centers (IRC)

- ▶ Males seen at IRC connected to Twin Towers (downtown)
- ▶ Females seen at IRC at Century Regional Detention Facility in Lynwood
- ▶ Operate 24 hrs/7 days
- ▶ Identify healthcare needs through medical/mental health screening tool
- ▶ Those with identified needs receive further assessment by medical provider and/or mental health clinician
- ▶ Designate initial mental health acuity level (P0 to P4) and health acuity level (H0 to H4) to inform ongoing level of care needed
- ▶ Initiate medication/treatment regimens
- ▶ Provide nursing care/observation until transfer to housing (including detox program)

Medical Services

- ▶ Outpatient medical clinics
 - ▶ Operate in all jail facilities
 - ▶ Appointments with nurse or medical provider
- ▶ Urgent Care
 - ▶ Twin Towers, operates 16 hours/day, 7 days
 - ▶ Acute illness or injuries, abscesses, lacerations, removal of foreign body, casts and splints, electrocardiogram, etc.
- ▶ Medical Outpatient/Specialty Housing (MOSH)
 - ▶ In Men's Central Jail
 - ▶ Individuals with medical needs such as insulin-dependent diabetes
- ▶ Correctional Treatment Center (CTC)
 - ▶ 196 beds total, providing licensed skilled nursing care
 - ▶ Includes 46 bed licensed inpatient forensic mental health unit
- ▶ Patients needing emergency department evaluation or inpatient hospitalization transferred to LAC+USC Medical Center

Mental Health Services

- ▶ Care for stable general population patients who require mental health medication
- ▶ Care for patients with moderate mental health impairment
 - ▶ Moderate Observation Housing
 - ▶ Services include group therapy as well as medication when indicated
- ▶ Care for patients with severe impairment or threats of suicide
 - ▶ High Observation Housing
 - ▶ More frequent psychiatric visits
 - ▶ Group therapy and medication as indicated
 - ▶ MIST - competency training and stabilizations with medication/treatment
 - ▶ FIST - stabilization, move to state hospital
- ▶ On call response to urgent/emergent mental health referrals throughout all facilities
- ▶ Jail Mental Evaluation Team (JMET) - work in general population areas to identify inmates not previously recognized as having MH care needs.

Mental Health Population

- ▶ Total jail population today, 2/16/2021: 15,077
- ▶ Total with MH acuity level P1 (mild) or above, today 2/16/2021: 7,071
- ▶ Total with MH acuity level P2 (moderate) or above, today 2/16/2021: 4,527

P-level	Females	Males	Total
P4	27	124	151
P3	228	870	1,098
P2	431	2,847	3,278
P1	416	2,128	2,544
Total	1,102	5,969	7,071

START Program - SUD treatment

- ▶ Substance Treatment and Re-entry Transition (START) program is a jail-based treatment program for substance use disorders (SUD) and co-occurring disorders.
- ▶ Treatment includes evidence-based group and individual counseling, case management, cognitive behavioral therapy, motivational interviewing, trauma informed approaches, interventions to address substance use and criminal thinking.
- ▶ Limited funding supports treatment for special populations at four of the seven jail facilities.
- ▶ Objectives:
 - ▶ Make SUD treatment that is evidence based, integrated, and high quality, that is measureable and outcome driven available to every inmate in need.
 - ▶ Increase use of addiction medication to assist inmates in the recovery process.
 - ▶ Effective reentry planning to support and sustain recovery.
 - ▶ Improve quality of life and overall health outcomes.
 - ▶ Reduce crime and recidivism

Opioid Use Disorder Program

- ▶ Medication Assisted Treatment (MAT) Services for those with Opioid Use Disorders have been proven to show that a combination of medication and therapy can successfully treat opioid use disorders, and for some people struggling with addiction, MAT can help sustain recovery.
- ▶ MAT Buprenorphine Pilot began December 2020 in Men's Central Jail serving 6 patients at any given time.
- ▶ Expansion of the MAT Buprenorphine Pilot to begin March 2021 to be able to serve upwards of 100+ patients at any given time.
- ▶ CHS is in the process of implementing methadone maintenance services in response to the opioid epidemic.

Release Planning and Reentry

- ▶ ICHS Care Transitions unit provides release planning and linkage to community services upon release
 - ▶ Just under 16,000 individuals served in FY 2019-2020 (among >100,000 releases)
- ▶ Four programs with different funding sources and slightly different (but overlapping) target populations:
 - ▶ Care Transitions Mental Health (formerly known as Jail Linkage) - focused on individuals in jail MH programs
 - ▶ Whole Person Care Reentry program - Medi-Cal eligible individuals with issues including health and mental health conditions, substance use disorders and homelessness. Connects to Community Health Workers upon release.
 - ▶ Homeless Initiative D2 - In-reach and continued case management in community by 4 contracted community-based organizations
 - ▶ Women's Integrated Services Program (WISP) - small case management program at CRDF
- ▶ Services include linkage to interim housing, MH and SUD treatment, primary care; application for Medi-Cal, CA ID, GR; arranging coordinated releases to programs, and transportation.