



# LOS ANGELES COUNTY CONGRESSIONAL DELEGATION U.S. SENATE







## Laphonza R. Butler

Laphonza R. Butler represents the State of California in the U.S. Senate.

### Contact Info

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-  <https://www.butler.senate.gov/>
-  (202) 224-3841
-  112 Hart Senate Office Building  
Washington, DC 20510
-  [butler.senate.gov/share-your-opinion/](mailto:butler.senate.gov/share-your-opinion/)







## Alex Padilla

Alex Padilla represents the State of California in the U.S. Senate.

### Contact Info

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-  <https://www.padilla.senate.gov/>
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# LOS ANGELES COUNTY CONGRESSIONAL DELEGATION

## U.S. HOUSE OF REPRESENTATIVES





# Nanette Barragán

Congressional District 44

### Contact Info

 <https://barragan.house.gov/>

 (202) 225-8220

 2312 Rayburn House Office Building  
Washington, DC 20515

 <https://barragan.house.gov/email/>


Representative Nanette Barragán represents the 44th Congressional District which includes Artesia, Bellflower, Carson, Cerritos, Harbor Gateway, Lakewood, Long Beach, Lynwood, Paramount, Rancho Dominguez, San Pedro, South Gate, Terminal Island, West Carson, and Wilmington.





# Julia Brownley


Congressional District 26

### Contact Info

 <https://juliabrownley.house.gov/>

 (202) 224-3553

 2262 Rayburn House Office Building  
Washington, D.C. 20515

 <https://juliabrownley.house.gov/contact/email-me/>

Representative Julia Brownley represents the 26th Congressional District which includes Agoura, Agoura Hills, Calabasas, and Westlake Village.





# Tony Cárdenas


## Congressional District 29


### Contact Info

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 <https://cardenas.house.gov/>

 (202) 225-6131

 2181 Rayburn House Office Building  
Washington, DC 20515

 <https://cardenas.house.gov/contact-me/email-me>

Representative Tony Cárdenas represents the 29th Congressional District which includes Angeles National Forest, Arleta, Lake Balboa, Lake View Terrace, Mission Hills, North Hills, North Hollywood, Pacoima, Panorama City, Reseda, San Fernando, Sun Valley, Sylmar, Toluca Lake, Valley Glen, Valley Village, and Van Nuys.





# Judy Chu


## Congressional District 28

### Contact Info

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 <https://chu.house.gov/>

 (202) 225-5464

 2423 Rayburn House Office Building  
Washington, DC 20515

 [https://chu.house.gov/address\\_authentication?form=/contact/email-me](https://chu.house.gov/address_authentication?form=/contact/email-me)

Representative Judy Chu represents the 28th Congressional District which includes Alhambra, Altadena, Angeles National Forest, Arcadia, Claremont, East Pasadena, East San Gabriel, Glendora, La Cañada Flintridge, La Crescenta, Monrovia, Monterey Park, Montrose, Pasadena, Rosemead, San Gabriel, San Marino, Sierra Madre, South Pasadena, South San Gabriel, and Temple City.




# Mike Garcia


## Congressional District 27


### Contact Info

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 <https://mikegarcia.house.gov/>

 (202) 225-1956

 144 Cannon House Office Building  
Washington, DC 20515

 <https://mikegarcia.house.gov/contact/>

Representative Mike Garcia represents the 27th Congressional District which includes Acton, Agua Dulce, Angeles National Forest, Antelope Acres, Big Mountain Ridge, Bouquet Canyon, Canyon Country, Castaic, Del Sur, Del Valle, Desert View Highlands, Edwards Air Force Base, Elizabeth Lake, Fairmont, Forrest Park, Gorman, Granada Hills, Green Valley, Juniper Hills, Lake Hughes, Lakeview, Lancaster, Leona Valley, Littlerock, Mint Canyon, Neenach, Newhall, Palmdale, Pearblossom, Pico, Porter Ranch, Quartz Hill, Ravenna, Roosevelt, Sandberg, Santa Clarita, Saugus, Sleepy Valley, Soledad, Stevenson Ranch, Sun Village, Val Verde, and Valencia




# Robert Garcia

## Congressional District 42


### Contact Info

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 <https://robertgarcia.house.gov/>

 (202) 225-7924

 1305 Longworth House Office Building  
Washington, DC 20515

 [https://robertgarcia.house.gov/address\\_authentication?form=/contact](https://robertgarcia.house.gov/address_authentication?form=/contact)


Representative Robert Garcia represents the 42nd Congressional District which includes Avalon, Bell, Bell Gardens, Bellflower, Commerce, Cudahy, Downey, Florence, Huntington Park, Lakewood, Long Beach, Maywood, San Clemente Island, Santa Catalina Island, Signal Hill, Vernon, and Walnut Park.


# Jimmy Gomez


## Congressional District 34



### Contact Info

 <https://gomez.house.gov/>

 (202) 225-6235

 506 Cannon House Office Building  
Washington, DC 20515

 <https://gomez.house.gov/contact/>

Representative Jimmy Gomez represents the 34th Congressional District which includes Arlington Heights, Beverly Kingsley, Boyle Heights, Byzantine-Latino Quarter, Chinatown, City Terrace, Country Club Heights, Country Club Park, Cypress Park, Downtown Los Angeles, Eagle Rock, East Los Angeles, El Sereno, Elysian Park, Glassell Park, Harvard Heights, Highland Park, Historic Filipinotown, Historic Los Angeles, Lincoln Heights, Little Tokyo, Montecito Heights, Mount Washington, Pico Union, Rampart Village, St. Andrews Square, University Heights, Westlake, and Wilshire Park.


# Sydney Kamlager-Dove


## Congressional District 37




### Contact Info

 <https://kamlager-dove.house.gov/>

 (202) 225-7084

 1419 Longworth House Office Building  
Washington, DC 20515

 <https://kamlager-dove.house.gov/contact/meeting-request>


Representative Sydney Kamlager-Dove represents the 37th Congressional District which includes Adams-Normandie, Arlington Park, Baldwin Hills, Baldwin Hills, Barkley Square, Carthay, Central Alameda, Century City, Chesterfield Square, Cheviot Hills, Crenshaw, Culver City, Downtown Los Angeles, Exposition Park, Florence, Gramercy Park, Harvard Heights, Harvard Park, Historic South Central, Historic West Adams, Hyde Park, Jefferson Park, King Estates, Kinney Heights, Ladera Heights, Leimert Park, Manchester Square, Mid-City, Olympic Park, Picfair Village, Pico Park, South Los Angeles, South Park South Robertson, Southeast Los Angeles, Sugar Hill, University Expo Park West, University Park, Vermont Knolls, Vermont Slauson, Vermont Square, View Park, West Adams, West Adams Heights, West Adams Terrace, Western Heights, Westwood, and Windsor Hills.





# Ted Lieu


## Congressional District 36

### Contact Info

 <https://lieu.house.gov/>

 (202) 225-3976

 2454 Rayburn House Office Building  
Washington, DC 20515

 <https://lieu.house.gov/contact>

Representative Ted Lieu represents the 36th Congressional District which includes Beverly Hills, Cheviot Hills, Culver City, El Segundo, Harbor City, Hermosa Beach, Industry, Lomita, Manhattan Beach, Mar Vista, Marina del Rey, Palms, Palos Verdes Estates, Playa Del Rey, Playa Vista, Rancho Palos Verdes, Rancho Park, Redondo Beach, Rolling Hills, Rolling Hills Estates, Santa Monica, Torrance, Venice, West Los Angeles, Westchester, and Westside Village.





# Grace Napolitano

## Congressional District 31

### Contact Info

 <https://napolitano.house.gov/>

 (202) 225-5256

 1610 Longworth House Office Building  
Washington, DC 20515

 [https://napolitano.house.gov/address\\_authentication?form=/contact](https://napolitano.house.gov/address_authentication?form=/contact)

Representative Grace Napolitano represents the 31st Congressional District which includes Angeles National Forest, Avocado Heights, Azusa, Baldwin Park, Bassett, Bradbury, Charter Oak, Citrus, Covina, Duarte, El Monte, Glendora, Industry, Irwindale, La Puente, La Verne, Mayflower Village, Monrovia, North El Monte, San Dimas, South El Monte, South San Jose Hills, Valinda, Vincent, West Covina, and West Puente Valley.





# Jay Obernolte


Congressional District 23



## Contact Info

 <https://obernolte.house.gov/>

 (202) 225-5861

 1029 Longworth House Office Building  
Washington, DC 20515

 <https://obernolte.house.gov/contact>


Representative Jay Obernolte represents the 23rd Congressional District which includes Edwards Air Force Base, Hi Vista, Lake Los Angeles, Llano, Valyermo, and Wilsona Gardens.


# Linda Sánchez


Congressional District 38



## Contact Info

 <https://lindasanchez.house.gov/>

 (202) 225-6676

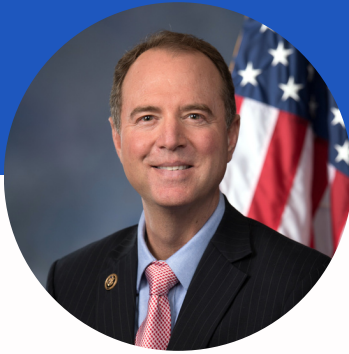
 2428 Rayburn House Office Building  
Washington, DC 20515

 [https://lindasanchez.house.gov/address\\_authentication?form=/contact/email-me](https://lindasanchez.house.gov/address_authentication?form=/contact/email-me)

Representative Linda Sánchez represents the 38th Congressional District which includes Diamond Bar, Downey, East Whittier, Hacienda Heights, Industry, La Habra, La Habra Heights, La Mirada, Los Nietos, Montebello, Norwalk, Pico Rivera, Pomona, Rowland Heights, Santa Fe Springs, South Whittier, Walnut, West Whittier, and Whittier.

# Adam Schiff


## Congressional District 30





### Contact Info

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 <https://schiff.house.gov/>

 (202) 225-4176

 2309 Rayburn House Office Building  
Washington, DC 20515

 <https://schiff.house.gov/contact/email>

Representative Adam Schiff represents the 30th Congressional District which includes Angeles National Forest, Atwater Village, Burbank, Cahuenga Pass, East Hollywood, Echo Park, Fairfax, Glendale, Glendora, Granada Hills, Greater Mid-Wilshire, Griffith Park, Hancock Park, Hollywood, La Tuna Canyon, Lake View Terrace, Larchmont Village, Los Feliz, Melrose, Mid-City West, Mid-Wilshire, Miracle Mile, Pacoima, Pasadena, Shadow Hills, Silver Lake, Sunland, Thai Town, Tujunga, Universal City, Virgil Village, West Hollywood, Windsor Square.


# Brad Sherman


## Congressional District 32




### Contact Info

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 <https://sherman.house.gov/>

 (202) 225-5911

 2365 Rayburn House Office Building  
Washington, DC 20515

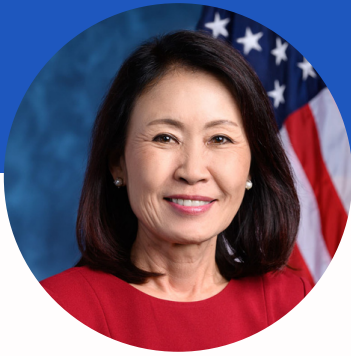
 [Brad.Sherman@mail.house.gov](mailto:Brad.Sherman@mail.house.gov)

Representative Brad Sherman represents the 32nd Congressional District which includes Angeles National Forest, Bel-Air, Beverly Crest, Beverly Glen, Big Rock, Brentwood, Canoga Park, Castellamare, Chatsworth, Cornell, El Nido, Encino, Fernwood, Glenview, Hidden Hills, Malibu, Malibu Bowl, Malibu Lake, Monte Nido, North Hills, Northridge, Old Canyon, Pacific Palisades, Reseda, Sherman Oaks, Sylvia Park, Studio City, Sun Valley, Sylvia Park, Tarzana, Topanga, Topanga State Park, Van Nuys, Warner Center, West Hills, West Los Angeles, Westwood, Winnetka, and Woodland Hills.




# Michelle Steel


## Congressional District 45




### Contact Info

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 <https://steel.house.gov/>

 (202) 225-2415

 1127 Longworth House Office Building  
Washington, DC 20515

 <https://steel.house.gov/contact/request-an-appearance>

Representative Michelle Steel represents the 45th Congressional District which includes Fountain Valley, Westminster, Garden Grove, Cypress, Buena Park, Cerritos, Artesia, La Palma, Placentia, Hawaiian Gardens, Los Alamitos, Rossmore, and parts of Brea, Lakewood, Fullerton, and Yorba Linda.


# Norma Torres


## Congressional District 35




### Contact Info

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 <https://torres.house.gov/>

 (202) 225-6161

 2227 Rayburn House Office Building  
Washington, DC 20515

 <https://torres.house.gov/contact/email-me-form>

Representative Norma Torres represents the 35th Congressional District which includes Chino, Montclair, Ontario, Pomona, Chino Hills, Eastvale, Fontana, Rancho Cucamonga, and Upland.





# Maxine Waters


Congressional District 43


## Contact Info

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 <https://waters.house.gov/>

 (202) 225-2201

 2221 Rayburn House Office Building  
Washington, DC 20515

 <https://waters.house.gov/contact/email>

Representative Maxine Waters represents the 43rd Congressional District which includes Alondra Park, Broadway Manchester, Century Cove, Century Palms, Compton, Del Aire, East Rancho Dominguez, Figueroa Park Square, Gardena, Harbor Gateway, Hawthorne, Inglewood, Lawndale, Lennox, Los Angeles International Airport, Vermont Vista, Watts, West Athens, West Rancho Dominguez, Westmont, and Willowbrook.

Updated on 5/18/2023



### LEGISLATIVE AFFAIRS AND INTERGOVERNMENTAL RELATIONS

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