## HAZARDS AND THREATS: ADVERSE WEATHER EXTREME COLD

## **STAYING WARM INDOORS**

If your heating system goes out during a winter storm, you can keep warm by closing off rooms you do not need.

- Use only safe sources of alternative heat such as a fireplace, small well-vented wood or coal stove or portable space heaters. Always follow manufacturer's instructions.
- Dress in layers of lightweight clothing and wear a cap.
- Eat well-balanced meals.

Losing your heat when winters winds are howling is not pleasant. However, by following these simple tips, you will weather the storm more comfortably.

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